

Bieg Główny 10km

Racibórz, 3 maj 2024 r.

M-CE	IMIĘ	NAZWISKO	NUMER	PŁEĆ	MIASTO	KLUB	KAT. WIEKOWA	M-CE W KAT.	SM	N	PK1	PK2	PK3	CZAS NETTO	CZAS BRUTTO
1	Mateusz	Mrówka	184	M	Rybnik	Aktywna Pszczyna Runners	M30	1			00:06:49	00:12:57	00:19:04	00:30:19.93	00:30:20.35
2	Marcin	Cieplak	136	M	Rybnik	TL ROW Rybnik	M30	2			00:06:58	00:13:16	00:19:39	00:31:33.54	00:31:34.53
3	Andrzej	Nowak	187	M	Sosnowiec	Nowak-Team	M40	1			00:06:58	00:13:15	00:19:39	00:31:42.91	00:31:43.62
4	Mateusz	Wolnik	238	M	Lyski	KWP Katowice WKIPS ref. Racibórz	M30	3	Tak		00:06:58	00:13:28	00:20:11	00:33:01.44	00:33:02.39
5	Alan	Żandarski	236	M	Dzielawy	Dyczuś Team	M30	4			00:07:15	00:14:02	00:20:55	00:33:43.15	00:33:44.12
6	Bartosz	Bulenda	132	M	Racibórz	Piździca	M20	1			00:07:39	00:14:34	00:21:37	00:34:26.08	00:34:27.84
7	Kamil	Nitychoruk	185	M	Gliwice	KMP GLIWICE	M30	5	Tak		00:07:39	00:14:42	00:21:58	00:35:27.80	00:35:29.73
8	Krzysztof	Rejman	202	M	Łowkowice		M30	6	Tak		00:07:39	00:14:42	00:22:01	00:35:33.69	00:35:34.59
9	Joanna	Griman	149	K	Rybnik	Aktywna Pszczyna Runners Team/ ERIGO	K40	1			00:08:10	00:15:26	00:22:47	00:35:51.73	00:35:53.52
10	Michalina	Mendecka-Zejdler	178	K	Łaziska Górne		K30	1			00:08:10	00:15:26	00:22:47	00:36:19.34	00:36:21.31
11	Jarosław	Fajger	145	M	Racibórz	Biegam Bo Lubię Racibórz	M30	7			00:07:57	00:15:15	00:22:38	00:36:26.13	00:36:27.00
12	Dominik	Boda	237	M	Tarnów	KMP Tarnów	M30	8	Tak		00:08:00	00:15:29	00:23:23	00:37:35.80	00:37:36.06
13	Tomasz	Banasiak	121	M	Racibórz		M50	1			00:08:19	00:15:50	00:23:30	00:38:01.45	00:38:02.91
14	Grzegorz	Połomski	199	M	Rydułtowy	Połomscy Team	M40	2			00:08:20	00:15:52	00:23:37	00:38:15.09	00:38:18.09
15	Mariusz	Teodorowicz	217	M	Racibórz	TM IronTeam	M20	2			00:08:09	00:16:00	00:23:59	00:38:40.11	00:38:41.05
16	Magdalena	Nitychoruk	186	K	Gliwice		K30	2			00:08:20	00:15:49	00:23:31	00:39:01.61	00:39:04.15
17	Marek	Michna	180	M	Górki Śląskie	Eko-okna runners/13 śląska brygada ochrony terytorialnej	M40	3	Tak		00:08:19	00:15:49	00:23:30	00:39:11.49	00:39:13.46
18	Tomasz	Cierniak	138	M	Orzesze		M40	4			00:08:24	00:16:22	00:24:18	00:39:16.54	00:39:17.52
19	Dawid	Palka	194	M	Tychy	40 latek Tychy	M40	5	Tak		00:08:23	00:16:21	00:24:28	00:39:23.03	00:39:24.93
20	Michał	Górski	148	M	Racibórz	EasyRun Racibórz	M30	9			00:08:39	00:16:39	00:24:40	00:39:28.90	00:39:30.12
21	Łukasz	Kowal	166	M	Rybnik	KMP Gliwice	M20	3	Tak		00:08:40	00:16:55	00:25:04	00:39:26.68	00:39:30.42
22	Olivier	Lokajczyk	172	M	Racibórz		M16	1			00:08:40	00:16:55	00:25:04	00:39:27.44	00:39:31.41
23	Paweł	Kozakiewicz	167	M	Nędza	Eko-Okna Runners	M30	10			00:08:31	00:16:35	00:24:44	00:39:52.21	00:39:55.23
24	Dominika	Pacak	192	K	Rybnik	Ślęzak Team	K30	3		Tak	00:08:59	00:16:59	00:25:07	00:40:14.24	00:40:18.29
25	Edward	Bukowski	131	M	Kluczbork	Centrum Kultury w Kluczborku	M50	2			00:08:25	00:16:30	00:24:43	00:40:20.15	00:40:21.80
26	Łukasz	Hajdarowicz	150	M	Racibórz	Eko-Okna Runners	M40	6			00:08:34	00:16:38	00:24:59	00:40:23.41	00:40:26.43
27	Beata	Szatka	215	K	Gogolin	KWP Opole Bestie Team	K40	2	Tak		00:09:00	00:17:13	00:25:29	00:40:45.98	00:40:47.43
28	Maciej	Cieplak	135	M	Rybnik	TL ROW RYBNIK	M60	1			00:09:06	00:17:11	00:25:23	00:40:53.05	00:40:53.99
29	Patryk	Stajner	211	M	Racibórz		M30	11			00:09:09	00:17:28	00:25:50	00:41:32.60	00:41:39.66

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30	Martin	Bedrunka	124	M	Borucin	KS Naprzód Borucin	M30	12		Tak	00:09:02	00:17:13	00:25:47	00:41:48.06	00:41:52.91
31	Bartosz	Zemlak	233	M	Kędzierzyn-Koźle	Parkrun Kędzierzyn-Koźle	M30	13			00:09:25	00:17:57	00:26:34	00:42:24.11	00:42:27.12
32	Mariusz	Dziekan	143	M	Racibórz		M30	14			00:08:39	00:17:02	00:25:52	00:42:41.91	00:42:42.91
33	Adriana	Zemlak	232	K	Kędzierzyn-Koźle	Parkrun Kędzierzyn-Koźle	K30	4			00:09:25	00:17:58	00:26:37	00:42:43.96	00:42:46.98
34	Wioleta	Mieszczak	182	K	Góra Siewierska	Śląski Oddział Straży Granicznej	K30	5	Tak		00:09:19	00:17:54	00:26:39	00:42:50.42	00:42:52.48
35	Gabriel	Kiszka	161	M	Bargłówka		M50	3			00:10:22	00:19:13	00:27:41	00:43:10.07	00:43:16.15
36	Rafał	Kalinowski	155	M	Racibórz		M30	15			00:08:35	00:17:25	00:26:28	00:43:18.12	00:43:19.02
37	Wiesław	Sankala	206	M	Pszów		M40	7			00:09:21	00:17:57	00:26:45	00:43:16.45	00:43:21.35
38	Edyta	Połomska	198	K	Rydułtowy	Połomscy Team	K40	3			00:09:20	00:17:56	00:26:45	00:43:17.62	00:43:21.58
39	Paweł	Rzepka	205	M	Rybnik		M30	16			00:09:48	00:18:23	00:27:03	00:43:14.36	00:43:23.44
40	Wojciech	Soroka	210	M	Racibórz	Drengowie biegają!	M30	17			00:09:43	00:18:17	00:27:01	00:43:20.10	00:43:26.10
41	Maciej	Michoń	181	M	Racibórz	Piździca	M20	4			00:08:58	00:17:31	00:26:35	00:43:28.72	00:43:33.48
42	Wojciech	Michalczyk	179	M	Racibórz	EasyRun Racibórz	M50	4			00:09:59	00:18:53	00:27:42	00:43:32.84	00:43:35.86
43	Paweł	Kołodzyński	164	M	Ślawikow		M20	5			00:09:54	00:18:37	00:27:43	00:43:34.38	00:43:43.40
44	Andrzej	Bugdoł	130	M	Krowiarki	PSP Raciborz	M40	8	Tak		00:09:30	00:18:19	00:27:23	00:44:01.65	00:44:04.66
45	Patryk	Zaczyk	229	M	Kobyła		M16	2			00:10:03	00:18:50	00:28:01	00:44:10.05	00:44:16.05
46	Mateusz	Szymak	216	M	Rybnik		M30	18			00:08:53	00:17:45	00:26:57	00:44:37.96	00:44:39.84
47	Wojciech	Skopiński	207	M	Rybnik	Fugor	M40	9			00:09:35	00:18:27	00:27:53	00:44:50.52	00:44:55.38
48	Rafał	Józefiak	153	M	Racibórz	Eko-Okna Runners Racibórz	M40	10			00:10:00	00:18:57	00:28:13	00:44:54.04	00:44:58.98
49	Gracjan	Cebula	133	M	Kobyła		M16	3			00:10:03	00:18:50	00:28:01	00:45:13.99	00:45:19.86
50	Roksana	Orzyszek	191	K	Rydułtowy	Silesian Triathlon Team	K30	6			00:10:01	00:19:15	00:28:28	00:45:26.85	00:45:31.86
51	Kamil	Wollny	224	M	Kornice	Klub bbl Racibórz, PP - Pietrowice Wlk.	M30	19	Tak		00:10:05	00:19:17	00:28:32	00:45:33.01	00:45:36.83
52	Kacper	Lewandowski	170	M	Racibórz	CrossTrening Racibórz	M30	20			00:09:09	00:18:31	00:28:10	00:45:40.16	00:45:41.02
53	Krzysztof	Klos	163	M	Ornontowice	STS Biegaton Mikołów	M40	11			00:09:35	00:18:20	00:27:48	00:45:44.34	00:45:48.23
54	Ilona	Urbainska	219	K	Łęg	EasyRun Racibórz	K30	7			00:10:04	00:19:17	00:28:32	00:45:49.58	00:45:52.59
55	Mateusz	Wollny	225	M	Kornice		M20	6			00:10:11	00:19:29	00:28:47	00:46:10.37	00:46:12.91
56	Thomas	Sutherland	212	M	Racibórz		M30	21			00:10:02	00:19:16	00:28:56	00:46:36.48	00:46:42.47
57	Marcin	Mach	174	M	Gliwice		M40	12			00:09:58	00:19:21	00:28:59	00:46:50.06	00:46:53.95
58	Elzbieta	Budrewicz	129	K	Zdzieszowice	Bestie Team	K50	1			00:10:09	00:19:41	00:29:24	00:47:11.20	00:47:12.06

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59	Antoni	Sokołowski	209	M	Kuźnia Raciborska		M16	4			00:10:03	00:18:51	00:28:48	00:47:11.82	00:47:17.70
60	Marcin	Łuczak	173	M	Siemianowice Śląskie		M30	22			00:10:11	00:19:24	00:29:04	00:47:16.82	00:47:18.34
61	Krzysztof	Szarek	214	M	Jasienica	KP Strumień	M30	23	Tak		00:10:28	00:19:56	00:29:40	00:47:18.40	00:47:24.05
62	Mariusz	Skowroński	208	M	Szczerbice	Spokorun	M50	5			00:09:59	00:19:22	00:29:03	00:47:21.93	00:47:26.95
63	Marcin	Born	127	M	Kędzierzyn-Koźle	OSP Kłodnica	M50	6		Tak	00:10:30	00:19:58	00:29:41	00:47:33.69	00:47:36.68
64	Marek	Karnas	157	M	Racibórz		M20	7			00:09:10	00:18:16	00:28:15	00:47:56.97	00:47:57.62
65	Barbara	Rataj	200	K	Jejkowice	Jejkowice biegają	K30	8			00:10:05	00:19:48	00:29:39	00:47:54.13	00:47:58.79
66	Wojciech	Kaczmarczyk	154	M	Racibórz	amator	M60	2			00:10:09	00:19:49	00:29:40	00:48:00.03	00:48:03.55
67	Karol	Włodarczyk	223	M	Racibórz		M20	8			00:10:01	00:19:22	00:30:09	00:48:05.42	00:48:11
68	Karolina	Janeczek	152	K	Racibórz		K30	9			00:10:02	00:19:29	00:29:26	00:48:19.56	00:48:24.46
69	Marcin	Swandula	213	M	Racibórz		M30	24			00:11:16	00:21:10	00:31:09	00:48:23.10	00:48:30.09
70	Klaudia	Cierniak	137	K	Orzesze		K40	4			00:10:26	00:20:11	00:30:08	00:48:46.29	00:48:49.81
71	Justyna	Pistelok	197	K	Łapanów		K40	5			00:10:22	00:20:22	00:30:28	00:49:02.51	00:49:03.96
72	Zbigniew	Pacan	193	M	Zdzieszowice	Dyczuś Team	M50	7	Tak		00:11:14	00:21:17	00:31:17	00:49:14.37	00:49:19.96
73	Tomasz	Bielaszka	126	M	Racibórz		M40	13			00:10:13	00:20:18	00:30:39	00:49:39.96	00:49:43.99
74	Robert	Zięba	235	M	Racibórz		M30	25			00:10:20	00:20:24	00:30:57	00:49:51.93	00:49:57.74
75	Patryk	Kaszny	158	M	Pietraszyn		M20	9			00:11:12	00:21:06	00:31:08	00:49:59.01	00:50:05.00
76	Robert	Kaszny	159	M	Pietraszyn		M20	10			00:11:12	00:21:05	00:31:07	00:49:59.61	00:50:05.67
77	Damian	Ejsmont	144	M	Gliwice		M30	26			00:10:32	00:20:30	00:30:52	00:50:06.22	00:50:09.24
78	Adam	Berka	125	M	Racibórz		M20	11			00:11:11	00:21:32	00:31:40	00:50:06.70	00:50:12.78
79	Bożena	Walaszek	222	K	Racibórz	UKS Rudnik	K50	2			00:10:28	00:20:28	00:30:57	00:50:19.09	00:50:23.15
80	Kasia	Basista	123	K	Pszów	Piraci z Szarloty	K50	3			00:11:07	00:21:21	00:31:40	00:50:39.48	00:50:44.26
81	Peter	Dworok	142	M	Rheda-Wiedenbruek	WIEDENBRUECK	M50	8			00:11:35	00:22:03	00:32:29	00:51:33.75	00:51:39.68
82	Agata	Pilawka	195	K	Opole	Komenda Miejska Policji w Opolu	K20	1	Tak		00:11:09	00:21:57	00:32:30	00:51:40.29	00:51:45.23
83	Rafał	Kucharski	169	M	Głubczyce		M30	27			00:11:08	00:21:56	00:32:30	00:51:41.44	00:51:46.38
84	Dariusz	Piotrowski	196	M	Wodzisław Śląski		M50	9			00:11:20	00:21:34	00:32:18	00:51:39.73	00:51:46.74
85	Marek	Dąbrowski	140	M	Kędzierzyn-Koźle		M30	28			00:10:40	00:20:55	00:31:52	00:51:52.41	00:51:59.40
86	Artur	Wolnik	226	M	Racibórz		M40	14			00:11:25	00:21:58	00:32:41	00:51:57.16	00:52:05.28
87	Magdalena	Mandycz-Hoffman	176	K	Racibórz		K40	6			00:11:10	00:21:31	00:32:22	00:53:03.61	00:53:07.64

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88	Mariusz	Waduła	221	M	Racibórz	Piździca	M20	12			00:11:34	00:22:17	00:33:18	00:53:05.33	00:53:11.27
89	Paweł	Zaniewicz	231	M	Racibórz		M30	29			00:10:07	00:20:18	00:31:38	00:54:19.43	00:54:26.49
90	Grzegorz	Rewig	203	M	Cieszyn		M20	13			00:11:03	00:21:34	00:32:46	00:54:21.76	00:54:29.65
91	Mateusz	Rosiński	204	M	Racibórz	Piździca	M20	14			00:11:56	00:23:16	00:34:42	00:54:47.22	00:54:53.99
92	Izabela	Toman	218	K	Gorzyce		K30	10			00:11:52	00:22:32	00:33:34	00:54:46.22	00:54:54.23
93	Jacek	Kliszewski	162	M	Racibórz	Klub Biegam bo Lubię Racibórz	M50	10			00:11:10	00:21:57	00:33:18	00:55:05.81	00:55:09.77
94	Łukasz	Orlik	190	M	Gliwice		M20	15			00:12:00	00:23:08	00:34:27	00:55:36.88	00:55:44.96
95	Piotr	Oliwa	189	M	Racibórz	Piździca	M20	16			00:11:33	00:22:35	00:34:01	00:55:49.51	00:55:55.52
96	Leszek	Czarnota	139	M	Marklowice		M50	11			00:11:31	00:22:57	00:34:58	00:56:51.49	00:56:56.50
97	Zofia	Wróblewska	228	K	Rybnik		K20	2			00:11:12	00:23:03	00:35:08	00:57:08.56	00:57:12.43
98	Marcin	Kosorz	165	M	Racibórz		M30	30			00:11:35	00:23:12	00:35:17	00:57:14.49	00:57:22.62
99	Sebastian	Lipiński	171	M	Racibórz		M30	31			00:11:44	00:22:53	00:34:50	00:57:23.18	00:57:29.25
100	Ewa	Goławska	146	K	Ornontowice	Dzieci Lasu	K30	11			00:12:12	00:23:31	00:35:13	00:57:22.98	00:57:29.93
101	Piotr	Barcz	122	M	Adamowice		M40	15			00:11:51	00:23:52	00:37:02	01:01:38.91	01:01:43.85
102	Dominik	Borowiecki	128	M	Głubczyce	Nie mam	M40	16		Tak	00:11:39	00:23:14	00:36:36	01:01:37.34	01:01:45.36
103	Bożena	Mandycz	175	K	Racibórz	Amator	K50	4			00:12:54	00:25:22	00:38:11	01:02:19.28	01:02:23.23